

Donor Profile: Sweet Ruth Taylor



Angelique Heinzen

Shortly after joining our Spokane Shriners Hospital team many years ago, one vibrant memory stands out in my mind about a very special donor who wanted to make a bequest to our location – sweet Ruth Taylor.

Ruth became familiar with our hospital and the children we treat as the great grandmother of one of our patients. Her great granddaughter was immobile from birth and received multiple surgeries and therapies here and, at 6-years old, now walks!



Ruth Taylor

Ruth's bequest pledged \$100,000 to the Spokane Hospital in honor of her late daughter Peggy. However, just last year, Ruth decided that she wanted to accelerate her bequest to our hospital with a \$50,000 charitable gift annuity. This gift arrangement will pay Ruth an income for life with a fixed interest rate based on her age. The remainder interest will come to the hospital at the end of the contract.

Ruth decided to accelerate her bequest further by continuing to make annual contributions during her lifetime which will also count towards her initial pledge.

Thank you Ruth, for your inspiring contributions to the Spokane Shriners Hospital! It truly makes a difference in the lives of thousands of children every year!

Current Investment Opportunities

The Spokane Shriners Hospital is currently raising money across multiple channels to fund numerous capital items primarily for our new Sports Health and Medicine Program as detailed below. If you would like to contribute to a specific project, please contact Angelique Heinzen, Director of Development at (509) 744-1242 or through email at ahenzen@shrinenet.org for more information.

Sports Medicine Remodel - \$178,989

An exciting part of our new Sports Medicine Program will feature a beautifully equipped gymnasium on the fourth floor of our hospital. The space will be ideal for children accessing critical therapy on-site to advance their successful return to activity and life filled with adventure and fun

Sports Medicine Equipment Needed to Furnish Our New Gym - \$155,710

Donations are currently being sought to fund a myriad of equipment for the gym including an elliptical cross trainer, weights, dumbbells, a performance bar and much more.

Sports Medicine Equipment for the Operating Room - \$54,087

Donations for surgical equipment needed in the Operating Room will support the acquisition of a shoulder chair, shoulder positioner, patient positioner and shoulder arthroscopy. These specialty items will enable our new surgeon to perform complex operations for children facing painful sports injuries efficiently and safely.



Total Gym Recovery Series Encompass

Care Management Services Part of our wrap-around care!



As part of the Spokane Shriners Hospital's multifaceted approach to care, our Care Management team delivers a valuable range of supports that extend beyond clinical treatment. Our family-centered aid is a hallmark of what makes our hospital unique. We offer guidance and assistance in multiple areas, to both facilitate care and to prepare families to provide care at home.

When a child becomes a patient at SHC-Spokane, their individual RN/Care Manager works directly with the child's doctor. Serving as a constant point of contact throughout treatment, the Care Manager answers patient questions and provides support both pre- and post-treatment. The Care Manager also assesses needs and connects the family with helpful resources specific to their situation. This personalized system vastly improves the overall experience for both patients and families.

Social Workers are also an integral part of the Care Management team. They provide support for the mental well-being of our patients, obtain consent and guardianship information, provide transition planning and educate staff on mandated reporting. Their work has greatly improved both patient experience and outcomes.

Unplanned expenses for patients and their families during treatment can create a strain on finances when families are already facing difficult circumstances. Our Resource Navigator facilitates transportation and housing to help alleviate those pressures, enabling patients and families to focus on their treatment.

YOUR continued support enables the Spokane Shriners Hospital to deliver these wrap-around services while accessing care at the hospital for children 0-18 regardless of a family's ability to pay. THANK YOU!

Medical Residents

An important part of our Shriners Hospital Mission

Part of Shriners Hospitals for Children® — Spokane's mission includes educating medical professionals – including physicians – through our Hospital Residency Program.

The Spokane Shriners Hospital currently partners with **Madigan Army Medical Center on Joint Base Lewis-McChord** in Washington State and **McLaren Flint Community Medical Center** in Flint, Michigan, to host residents for ongoing rotations that span three and four months respectively. Residents work under the supervision of our fellowship trained orthopaedic surgeons in the operating room and in our outpatient clinic.

Danielle Cummings, MD, our current resident from Madigan, is nearing the end of her three-month rotation while **Travis Baes, MD**, from McLaren, recently began a four-month rotation. Once they complete their terms, our partner hospitals will assign new residents on an ongoing basis.

Shriners Hospitals for Children employs the largest number of fellowship trained pediatric orthopedists in the world and partnerships such as these ensure that future generations of children with challenging conditions will continue to receive the care that they need – with your continued support.



Dr. Cummings and Dr. Baes

Spokane Shriners Hospital Philanthropy News



Spokane, WA

Spring 2021

Your Support Endures in Spite of These Challenging Times

Recently, the hospital was able to honor an incredible \$96,090 donation from Spirit of Children - Spirit Halloween!! Spirit of Children - Spirit Halloween raises funds for child life programs in children's hospitals across the nation from money raised in the local Spirit Halloween stores.

To date, the Spirit of Children Foundation has raised over \$550,000 for the Spokane Hospital and nearly \$7,000,000 for our health care system! We are so grateful for our relationship with their amazing, caring staff -- thank you Spirit of Children - Spirit Halloween for all you do for our patients!

With 2020 in our rear-view window, your continued support will enable us to be steadfast in the excellent orthopaedic healthcare that we provide to children year around! THANK YOU!



Meet Mara: 'I can walk without a crutch' thanks to your support



When Mara was 1-year-old, she was diagnosed with benign non-ossified fibroma in her right fibula, a non-cancerous tumor that consists mainly of fibrous tissue. This condition was expected to resolve by the time she was 20.

As Mara grew, she fractured her leg multiple times and was in constant pain. Her parents and doctors speculated that something far more aggressive than the original diagnosis was happening.

Mara was referred to the Spokane Shriners Hospital for diagnostic tests and orthopaedic care. It was determined that she was living with fibrous dysplasia; an uncommon bone disorder in which scar-like tissue develops in place of normal bone. When this irregular tissue forms, it can weaken, deform or fracture bones.

Ted Sousa, M.D., one of the Spokane Shriners Hospital's fellowship-trained pediatric orthopaedic surgeons, presented treatment options for Mara.

Ultimately, she and her parents decided that surgery to place a rod into her fibula across the bone to give it stability was the best option.

"Dr. Sousa is very talented and humble; he is skilled and thorough," said Mara's mother, Kaitlin. "I really appreciate how he consulted with colleagues to reach a comprehensive understanding of our daughter's diagnosis, discuss different treatment options with us and share his hopes for the future."

We asked Mara what she thought of working with Dr. Sousa. *"He performed two amazing surgeries and he's overall just a funny, energetic guy," explained Mara. "He never made me feel like I had to choose one treatment over another, never made it feel like there was only one right way. He was going to support whichever direction I chose to go with."*

Mara and her family were enthralled with other aspects of the hospital as well.

"We are really impressed with all the staff at the Shriners Hospital, specifically our care manager, Angie," said Kaitlin. "She was accessible and available for questions, education and guidance along the way. I wish every medical location had a family liaison like Angie."

Mara is now back in action, playing with her friends and just being a kid.

"I can walk in my neighborhood again," said Mara. "I can walk without a crutch. I can climb on rocks and trees again and ride my bike! I can catch up with my friends and be a kid without worrying that my leg might break."

Mara grew up asking herself how much pain an activity would cause. Now, as she begins to test her limits, she understands that she has to be careful but that it won't end in a full day of pain. Mara can now make it a whole day without having to elevate her leg!

"We feel like we are onto a new path with new potentials," said Kaitlin.

The specialty care at the Spokane Shriners Hospital makes transformations like Mara's possible. The Spokane Shriners Hospital staff is here to provide simple to complex pediatric orthopaedic care that is only made possible through your generous support! THANK YOU!



Ways to Support the Spokane Shriners Hospital

Charitable Gift Annuities – Gifts that provide lifetime income

In exchange for your irrevocable gift (usually of cash or securities), Shriners Hospitals for Children® agrees to pay one or two annuitants that you name a fixed sum each year for life. Charitable Gift Annuities (CGAs) may be funded with a minimum of \$5,000 and can be funded, in some instances, with appreciated assets.

The fixed rate of return is based on the age of the donor and any other beneficiary on the date the agreement is entered using a rate chart published by the American Council on Gift Annuities. The rate is set with the intention that this charity will retain approximately 50 percent of the donor's original gift. Payments can be made on an annual, quarterly or monthly basis.

Gifts of Real Estate

After approval from Shriners International Headquarters, real estate may be deeded outright to Shriners Hospitals for Children, for the benefit of the Spokane Hospital. The value of the interest being contributed may be used as a charitable contribution for income tax purposes. These types of gifts take time to complete but provide substantial value to both the donor and our hospital.

Life Estate Gifts

A personal residence or farm may be donated to benefit the Spokane Shriners Hospital with the donor retaining the right to use the property for life. This is known as a Life Estate Agreement. The life estate may be retained for one or more lives, or for a term of years.

The donated property does not have to be a principal residence, which means the donor's vacation or other home may be used to make the gift. The donor receives a charitable income tax deduction based on the gift's remainder value.

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"My daughter said this was the best hospital she's ever seen. Everyone was thoughtful and kind addressing her with warmth and good humor and sensitivity. They gave her a feeling of control over the appointment and decisions even though she is only four years old. Thank you all so much."

- The Voice of Our Patients, Q1 2021

Pediatric Sports Health and Medicine

Welcome Dr. Carl and our Fabulous Sports Medicine Team!



Dr. Jacob Carl

Dr. Jacob Carl, a pediatric orthopaedic surgeon with an emphasis in pediatric sports medicine, joined our medical staff in October to join Dr. Ryan Baker, our Sports Medicine Pediatrician. In addition, we have hired an Athletic Trainer – Shawn Semb; LAT, ATC and a Sports Medicine Physical Therapist – Kelly Bartleson; MPT, OCS to complete our team!

Plans are underway to complete renovations for the 4th floor rehab gym which will be dedicated to sports rehabilitation patients, with plans to expand as the program is developed.

The increasing number of young athletes competing in sports-related activities has led to a rise in pediatric sports injuries -- which need to be treated differently than similar adult injuries. Shriners Hospitals for Children – Spokane is the place parents will find pediatric-trained sports health and medicine specialists.

The sports health and medicine program at the Spokane Shriners Hospital will focus on healthy training, injury prevention and surgical and non-surgical care of children and adolescents with sports injuries.

In conjunction with our sports health and medicine program, we are looking to create relationships to provide educational and community outreach activities along with athletic training services to community schools, recreational and club sports teams. Our team will help to teach athletes, coaches and parents about how to prevent and manage injuries, so that young athletes can return to play safely and in a timely manner.

We are excited about our team of pediatric specialists and look forward to growing this important initiative to provide expert care and rehabilitation for our sports injury patients.



Dr. Jacob Carl, Dr. Ryan Baker, Shawn Semb and Kelly Bartleson

To learn more about how you can make an impactful gift to support our Pediatric Sports Health and Medicine Program, contact **Angelique Heinzen, Director of Development** at (509) 744-1242 or at aheinzen@shrinersnet.org.